

Delta Kayak Adventures will provide boat, paddle and PFD (life jacket), we also have lightweight water resistant jackets available if needed.

## **YOU WILL NEED TO BRING:**

- Local tours generally last 2- 3 hours so be sure to bring plenty of water! Snacks, such as a granola bar or power bars are optional.
- Wear shoes that can get wet: lightweight sneakers, water shoes or wetsuit booties.
- Avoid wearing cotton clothing. Polyester, wool or fleece shirts and pants work well. Bring a lightweight, water resistant jacket and if you don't have one Delta Kayak Adventures has a few available.
- Sunglasses with retention strap
- Billed cap or hat for sun protection
- Sunscreen

**Kayaking is a water sport. We do not plan on swimming but you may get wet. Make sure to bring a towel and warm dry clothes to leave in your vehicle for the end of the trip.**